

AFTER SCHOOL CLUB

INDEPENDENT **CATERING** | **E D U C A T E R** LIMITED

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Katsu Chicken with Rice (1, 8) (May Contain 10) Sweet n' Sour Vegetables with Rice (8, 14) (May Contain 10) Green Beans Mousse (9)	Beef Lasagne (1, 9) (May Contain 10) Vegetable Lasagne (1, 9) (May Contain 10) Garlic Bread (1) Sponge (1, 7)	Jacket Potatoes with a Choice of Fillings Tuna, Cheese or Beans (4, 9) Sweetcorn Cookies (1)	Pork Sausage in a Roll (1, 14) (May Contain 13) Veggie Sausage in a Roll (1) (May Contain 13) Baked Beans Herby Diced Potatoes Tutti Fruitti Thursday	Meat Feast Pizza (1, 8, 9) (May Contain 10) Cheese and Tomato Pizza (1, 8, 9) (May Contain 10) Sweetcorn Potato Wedges Jelly
WEEK 2	Beef Chilli with Rice and Salsa (9) (May Contain 10) Vegetable Chilli with Rice and Salsa (9) (May Contain 10) Mousse (9)	Sausage Turnover with Wedges (1, 14) Veggie Sausage Turnover with Wedges (1) Peas Sponge (1, 7)	Jerk Chicken, Rice and Peas (May Contain 10) Caribbean Vegetable Curry, Rice and Peas (May Contain 10) Cookies (1)	Beef Burger in a Bun (1, 8) (May Contain 13) Veggie Burger in a Bun (1) (May Contain 13) Chips Spaghetti Hoops (1) Tutti Fruitti Thursday	Ham and Cheese Pasta (1, 7, 9) (May Contain 10) Roasted Vegetable Pasta (1, 7, 9) (May Contain 10) Herby Diced Potatoes Side Salad Jelly
WEEK 3	BBQ Chicken with Rice (14) (May Contain 10, 11) BBQ Vegetables with Rice (14) (May Contain 10, 11) Green Beans Mousse (9)	Spaghetti Bolognese (1, 8, 9) (May Contain 10) Tomato and Basil Sauce with Spaghetti (1) (May Contain 10) Garlic Bread (1) Sponge (1, 7)	Sausage and Mash with Yorkshire Pudding (1, 7, 9, 14) Veggie Sausage and Mash with Yorkshire Pudding (1, 7, 9, 14) Green Beans and Gravy Cookies (1)	Chicken Burger in a Bun with Lettuce and Mayo (1, 8) (May Contain 13) Veggie Burger in a Bun with Lettuce and Mayo (1) (May Contain 13) Chips, Baked Beans Tutti Fruitti Thursday	Pepperoni Pitta Pizza (1, 9) (May Contain 10) Red Onion and Pepper Pitta Pizza (1, 9) (May Contain 10) Sweetcorn Potatoes Wedges Jelly
WEEK 4	Red Pesto and Chicken Pasta with Garlic Bread (1, 9) (May Contain 10) Red Pesto and Pepper Pasta with Garlic Bread (1, 9) (May Contain 10) Mousse (9)	Fish Fingers with Chips and Peas (1, 4) Quorn Dippers with Chips and Peas (1, 8) Sponge (1, 7)	Chicken Curry with Rice and Naan Bread (1) (May Contain 10, 11) Vegetable Curry with Rice and Naan Bread (1) (May Contain 10, 11) Cookies (1)	Sausage Rolls (1, 8, 9) Roasted Vegetable Parcel (1) Herby Diced Potatoes Sweetcorn Tutti Fruitti Thursday	Pasta Bolognese with Garlic Bread (1, 8, 9) (May Contain 10) Roasted Tomato Pasta with Garlic Bread (1, 8, 9) (May Contain 10) Jelly

WE ONLY USE



FRESH UK BEEF



FRESH UK PORK



FREE RANGE EGGS



LOCAL FRUIT & VEG



WHOLEMEAL PASTA

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS
3 MOLLUSCS

4 FISH
5 PEANUTS*
6 NUTS

7 EGGS
8 SOYBEANS
9 MILK

10 CELERY
11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE